

## DAFTAR ISI

ABSTRAK .....	<b>Error! Bookmark not defined.</b>
BIODATA PENULIS .....	<b>Error! Bookmark not defined.</b>
KATA PENGANTAR .....	<b>Error! Bookmark not defined.</b>
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<b>PENDAHULUAN.....</b>	<b>Error! Bookmark not defined.</b>
A. Latar Belakang.....	<b>Error! Bookmark not defined.</b>
B. Identifikasi Masalah .....	<b>Error! Bookmark not defined.</b>
C. Pembatasan Masalah.....	<b>Error! Bookmark not defined.</b>
D. Rumusan Masalah.....	<b>Error! Bookmark not defined.</b>
E. Tujuan Penelitian.....	<b>Error! Bookmark not defined.</b>
1. Tujuan umum .....	<b>Error! Bookmark not defined.</b>
2. Tujuan khusus .....	<b>Error! Bookmark not defined.</b>
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1. Manfaat bagi masyarakat .....	<b>Error! Bookmark not defined.</b>
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<b>TINJAUAN PUSTAKA .....</b>	<b>Error! Bookmark not defined.</b>
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1. Dewasa.....	<b>Error! Bookmark not defined.</b>
a. Pengertian Dewasa .....	<b>Error! Bookmark not defined.</b>
b. Pembagian Usia Dewasa .....	<b>Error! Bookmark not defined.</b>
c. Perubahan Fisiologis dan Psikologis Usia Dewasa..	<b>Error! Bookmark not defined.</b>
2. Gizi pekerja.....	<b>Error! Bookmark not defined.</b>
a. Pengertian tenaga kerja .....	<b>Error! Bookmark not defined.</b>
b. Pengertian gizi tenaga kerja .....	<b>Error! Bookmark not defined.</b>
c. Kebutuhan gizi tenaga kerja.....	<b>Error! Bookmark not defined.</b>
3. Status gizi.....	<b>Error! Bookmark not defined.</b>

a. Pengertian status gizi.....	<b>Error! Bookmark not defined.</b>
b. Faktor-faktor yang memengaruhi status gizi.....	<b>Error! Bookmark not defined.</b>
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4. Pola makan.....	<b>Error! Bookmark not defined.</b>
a. Pengertian pola makan .....	<b>Error! Bookmark not defined.</b>
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5. Densitas energi.....	<b>Error! Bookmark not defined.</b>
6. Densitas zat gizi .....	<b>Error! Bookmark not defined.</b>
7. Densitas asupan zat gizi .....	<b>Error! Bookmark not defined.</b>
B. Kerangka Berfikir .....	<b>Error! Bookmark not defined.</b>
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<b>METODOLOGI PENELITIAN .....</b>	<b>Error! Bookmark not defined.</b>
A. Tempat dan Waktu Penelitian.....	<b>Error! Bookmark not defined.</b>
B. Jenis Penelitian .....	<b>Error! Bookmark not defined.</b>
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1. Populasi.....	<b>Error! Bookmark not defined.</b>
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4. Teknik pengambilan sampel .....	<b>Error! Bookmark not defined.</b>
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1. Jenis data.....	<b>Error! Bookmark not defined.</b>
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4. Variabel penelitian .....	<b>Error! Bookmark not defined.</b>
5. Definisi konseptual .....	<b>Error! Bookmark not defined.</b>
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- A. Lokasi Penelitian .....**Error! Bookmark not defined.**
  - 1. Gambaran umum SDN 01 Duri Kepa Pagi Jakarta Barat..... **Error! Bookmark not defined.**
  - 2. Gambaran umum SDN 11 Duri Kepa Pagi Jakarta Barat..... **Error! Bookmark not defined.**
- B. Analisis Univariat .....**Error! Bookmark not defined.**
  - 1. Karakteristik Guru .....**Error! Bookmark not defined.**
    - a. Usia.....**Error! Bookmark not defined.**
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    - c. Pendapatan .....**Error! Bookmark not defined.**
    - d. Tingkat Pendidikan .....**Error! Bookmark not defined.**
  - 2. Distribusi Responden Berdasarkan Variabel Dependen **Error! Bookmark not defined.**
    - a. Status Gizi .....**Error! Bookmark not defined.**
    - a. Densitas Energi Konsumsi .....**Error! Bookmark not defined.**
    - b. Densitas Zat Gizi Pangan .....**Error! Bookmark not defined.**
    - c. Densitas Energi dan Densitas Zat Gizi pangan . **Error! Bookmark not defined.**
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    - e. Pola Makan.....**Error! Bookmark not defined.**
- C. Analisis Bivariat .....**Error! Bookmark not defined.**
  - 1. Perbedaan Densitas Energi Konsumsi berdasarkan Status Gizi ..... **Error! Bookmark not defined.**
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**BAB V**.....**Error! Bookmark not defined.**

**PEMBAHASAN** .....**Error! Bookmark not defined.**

- A. Karakteristik Responden.....**Error! Bookmark not defined.**
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- G. Pola Makan .....**Error! Bookmark not defined.**
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I. Perbedaan Densitas Asupan Zat Gizi berdasarkan Status Gizi .....	<b>Error! Bookmark not defined.</b>
J. Hubungan Pola Makan dan Status Gizi .....	<b>Error! Bookmark not defined.</b>
K. Keterbatasan Penelitian .....	<b>Error! Bookmark not defined.</b>
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<b>KESIMPULAN DAN SARAN</b> .....	<b>Error! Bookmark not defined.</b>
A. Kesimpulan .....	<b>Error! Bookmark not defined.</b>
B. Saran .....	<b>Error! Bookmark not defined.</b>
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